

Improving Personal Effectiveness

Oct 07 – 09, 2024	Venue: PIM, Karachi	Rs. 41,000/=
Dec 11 – 13, 2024	Venue: PIM, Lahore.	Rs. 41,000/=
Nov 20 – 22, 2024	Venue: PIM, Islamabad.	Rs. 41,000/=

Course Description

Most people spend their lives under wrong notions and are not fully aware of themselves. Such people are unable to develop and use their potential in their personal and professional lives. As all development is self-development, it is essential that one should acquire knowledge about oneself, and set a plan for his/her career development to achieve the desired goals.

LEARNING OUTCOMES

- To help participants to develop self-awareness and understanding by critically examining their strengths and weaknesses, their past achievements, negative and positive experiences and their roles and behaviors in different situations.
- To help them to plan their future by setting life goals and determining a course of action for self-development so that they may be able to live a successful life and make tangible contribution to the society.

WHO MUST ATTEND?

The course is designed for executives who are keen to develop self-awareness. Those who are holding positions of responsibility and influencing the work of others may find this course particularly useful.

COURSE CONTENTS:

- Self-Perception
- Life Style profile
- Personality Analysis
- Skills Assessment
- Environmental Factors Affecting Self Development
- Individual's Value System
- Individual Assertiveness Level
- Attitude Assessment
- Setting Life Goals
- Career & Self-Development Plan

FOR DETAILS AND REGISTRATION

PIM, Karachi: Management House, Shakra-e-Iran, Clifton, Karachi 75600

Voice Dir: (+9221) 9925 1718, 9925 1680, E-Mail: program@pim.com.pk

PIM, Lahore: Management House, 70-B/2, Gulberg III, Lahore 54600.

Voice Dir: (+9242) 9926 3137

Mobile: 0300-8840880, 0332-4353820 E-Mail: pimlhe@pim.com.pk

PIM, Islamabad: Plot No. 12-K, Sitara Market, Sector G-7 Markaz, Islamabad

Voice Dir: (+9251) 9252651 -2, E-Mail: pimisb@pim.com.pk