Health Safety at Workplace

Oct 17 – 18, 2024 Venue: PIM, Islamabad. Rs. 31,000/=

Course Description

Occupational Health and Safety is primary source for the success of any business organization because health and safety of the employees of any organization is life line to ensure better quality, increased productivity along with cost saving. Therefore, Occupational Health and Safety is major concern for Organization itself along with Customers, Clients and other relevant stake-holders.

LEARNING OUTCOMES

Participant will get insight of the following:

- Workplace ergonomics
- Safe lifting techniques
- Workplace violence prevention
- Fire safety
- Employee health resources
- Fall protection and ladder safety
- Environmental and chemical safety
- Proper use of equipment and PPE
- Food handling and preparation
- Online safety and cybersecurity
- Heat safety
- Emergency evacuation procedures
- First aid and CPR training
- Respiratory protection and air quality monitoring
- Hearing conservation training

WHO MUST ATTEND?

This course is beneficial for;

- HSE Executives/Officers/Managers/ Senior Management
- Compliance Executives/Officers/Managers/Senior Management
- Business Organization's CEOs/Entrepreneurs/Business Owners/ Professionals
- Public Sector Organization Employees monitoring HSE
- Manufacturing Industry Officials/Staff/Management
- Services Industry Officials/Staff/Management
- Fresh Graduates to secure career in HSE

TRAINER PROFILE:

Mian Tariq Mahmood is Corporate Trainer, Life Coach and experienced HR, HSE and IR professional, having 20 years long industry experience of managing Human Resources, Industrial Relations and Occupational Health and Safety Functions in manufacturing and services industries of Pakistan. He served from Assistant Director to Director in Public sector, focusing on Trainings, Skill Development and Human Resource Management. He served from Assistant Manager to General Manager in Corporate sector organization as well, where he managed the HR, EHS and IR functions and contributed for successful implementation of related Management Systems. He has distinguished academic career, having Master degrees in Business Management, Gender Studies and English Literature along with Professional training and certifications like NEBOSH (IGC), Lead Auditor Courses like ISO 45001 Occupational Health and Safety Standard, 9001 Quality Management Standard, and 14001 Environment Management Standard. He is currently serving as Director HR/EHS/IR in Safaa Engineering Services Private Limited Islamabad.

FOR DETAILS AND REGISTRATION

PIM, Islamabad: Plot No. 12-K, Sitara Market, Sector G-7 Markaz, Islamabad Voice Dir: (+9251) 9252651 -2, E-Mail: pimisb@pim.com.pk